



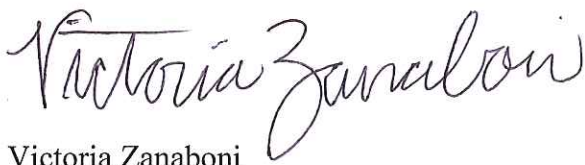
Dear Active Minds Representatives,

Last semester, a group of students at Rockhurst University and I started the process of bringing Active Minds to our campus in an effort to educate students and community members about ending the stigma surrounding mental illnesses on college campuses. Active Minds has gained the interest of over 70 students at Rockhurst and continues to grow with each meeting and event. Most recently we were blessed to have Mr. John Shuchart, an activist for mental illnesses, come speak at an event. When I first met John, he told me that he is never late for an appointment and that he gives 100% to all things considered. Both of these traits have been proven true through my various encounters with him. Thanks to the unprecedented generosity of John, we were able to provide over 100 members of the Rockhurst community with an informative and entertaining speaker at no cost to us. That is, John volunteered his time and resources to an organization that he trusts will do great things. It has allowed our organization to make a foundation on campus, and we owe that all to John.

Meeting John and listening to his personal experiences with mental illness has instilled a sense of hope for ending the stigma in the Rockhurst community. As a speaker, John was incredibly inspiring, relatable, and impactful. Throughout the talk, John shared his stories and helped students identify the stigma that surrounds mental illnesses. He used a unique, humorous approach to help relate to college students, capture the students' attention, and ultimately get across a very important point: how to break the stigma. Multiple students came to me and other leaders in our soon-to-be Active Minds chapter expressing their gratitude for bringing John to campus, and also expressed how inspired they were to continue to participate in Active Minds events. It has become quite apparent to me and my fellow leaders that John strives to be a catalyst for change in the community of mental illness awareness and prides himself in dedicating his entire life to the cause; mentally and financially.

John has been the most valuable aspects of our effort to end the stigma at Rockhurst thus far and continuously impresses us with his passion and zeal for this cause. John is a pleasure to work with and would be a great addition to the Active Minds community and the mental illness awareness community as a whole.

Sincerely,



Victoria Zanaboni